

NCMS POLICY COMMITTEE MEETING MINUTES

Policy Committee and Ethical

January 18, 2023

Meeting Format: Virtual

ATTENDEES:

Laura Gerald, MD, MPH <i>Committee Co-Chair</i>	Elizabeth Livingston, MD <i>Committee Member</i>	Kelley Singer, MD <i>Committee Member</i>
Lisa Shock, DrPH, MHS, PA-C <i>Committee Co-Chair</i>	William Lawrence, MD <i>Committee Member</i>	Hans Arora, MD, PhD <i>Committee Member</i>
Mitch Heflin, MD, MHS <i>Committee Member</i>	Tres Pittman, MD, MBA <i>Committee Member</i>	Eileen Raynor, MD <i>NCMS President-Elect</i>
Jeffrey Katz, PA-C <i>Committee Member</i>	Sam Cohen, JD, MPP <i>Committee Consultant</i>	Kristen Spaduzzi <i>NCMS Staff</i>
Peter Morris, MD, MPH, Mdiv <i>Committee Member</i>	Blaine Paxton Hall, MHS-CL, PA-C, DFAAPA <i>Committee Consultant</i>	Emma Kate Sowder <i>NCMS Staff</i>
Lynne Fiscus, MD, MPH <i>Committee Member</i>	Jonas Swartz, MD, MPH <i>Committee Member</i>	Thomas Kincheloe <i>NCMS Staff</i>
John Lumpkin, MD, MPH <i>Committee Member</i>	Sandhya Montilus, MD <i>Committee Member</i>	Alan Skipper <i>NCMS Staff</i>

WELCOME & INTRODUCTION

- Dr. Shock called the meeting to order and welcomed everyone to the first joint Policy Committee meeting of 2023. Dr. Shock kicked off the meeting with introductions and asking everyone to share the best piece of advice (or quote) they have heard, which is attached.

ANNUA REVIEW of COMMITTEE CHARGE

- Dr. Gerald provided a brief review of the history and charge of the committee, including putting a spotlight on the NCMS Mission, Vision, and Guiding Principles as the lenses used to guide policy development.
- Dr. Gerald also highlighted the accomplishments of the Policy Committee since its inception in 2019 (included on the portal page).

OLD BUSINESS

- Dr. Gerald asked for a motion to approve the December meeting minutes, which was brought forth and seconded. The committee unanimously approved the meeting minutes.
- The subcommittee work for Public Health and Environmental Health will continue. The committee members were asked for their subcommittee preference. Based on those responses, the table below was created to show who is on which subcommittee.
- The Public Health subcommittee will finish up the policy revisions to the public health policies that were recommended for revisions, i.e. *Obesity, Soft Drink Tax, Support Expansion of Data Gathering Activities by BRFS, qualifications for State Health Director and Medical Director, and Response of Biological, Chemical and Radiation Attack.*

- Once these policies have been revised, the subcommittee will begin work on the PH-Childrens
- The Environmental Health subcommittee will continue developing a policy framework to broaden the spectrum of NCMS positions for policy and advocacy work efforts.

PUBLIC HEALTH	ENVIRONMENTAL HEALTH	UNKNOWN
Jonas Swartz	Kelley Singer	John Lumpkin
Hans Arora	Sam Cohen	Adam Zolotor
Jeffrey Katz	Mitch Heflin	Blaine Paxton Hall
William Lawrence	Sandy Montilus	Martin Palmeri
Peter Morris	Genie Komives	Carl Westcott
Lynne Fiscus	Lisa Shock	Elizabeth Livingston
Laura Gerald	Tres Pittman	

NEW BUSINESS

- The committee discussed the additional areas of policy focus for 2023, which include *Firearms/Firearm Safety* and *The Corporatization of Health Care/Medicine*
 - These subcommittee meetings will include members from both the Policy Committee and the E&J Affairs Committee.
 - Meetings will be held separate from the monthly Policy Committee meetings and are scheduled to be on every other Monday from 6p-7p beginning sometime in February.
- Many of the committee members identified the subcommittee they are most interested in participating
 - Anyone who did not specific their interest during the meeting can reach out to Kristen directly.

NEXT MEETING & ADJOURN

- The next committee meeting is on Wednesday, February 15th @ 6pm (virtual)
- The committee co-chairs thanked everyone and adjourned the meeting.

SHARED BY	BEST ADVICE or QUOTE	BEST ADVICE or QUOTE
Lisa Shock	Just stay the course	
Laura Gerald	Not to focus on what I would do, but to focus on what I am about	
Eileen Raynor	Age is just a number	The perfect is the enemy of good
Tres Pittman	The perfect is the enemy of good	Work smarter not harder
Jeffrey Katz	Live long and prosper (<i>Mr. Spock</i>)	
William Lawrence	Son, you can't stop someone from wanting to hit you over the head, but you ain't got to walk in the room and hand them the stick to beat you with	
Sandy Montilus	Be the change you want to see in the world (<i>Ghandi</i>)	Do small things with great love (<i>Mother Teresa</i>)
Kelley Singer	It's not always what you say to people, but how you make them feel	Kindness matters
Peter Morris	No	Referencing 1 Kings 19: Listen to the sheer silence
John Lumpkin	Not everything that is faced can be changed, but nothing can be changed until it is faced (<i>James Baldwin</i>)	
Hans Arora	Listen more than you speak	Don't forget to take care of yourself
Lynne Fiscus	Leadership is the art of disappointing people at a rate they can tolerate (<i>Marty Linsky & Ronald Heifetz</i>)	
Mitch Heflin	Sleep on it	
Emma Kate Sowder	Fight for the things you care about, but do so in a way that will heed others to join you (<i>Ruth Bader Ginsberg</i>)	Comparison is the thief of joy (<i>Teddy Roosevelt</i>)
Sam Cohen	It is not your duty to finish the work but neither are you at liberty to neglect it (<i>Pirkei Avot</i>)	
Blaine Paxton Hall	Be faithful in the small things	Be true to your authentic self
Elizabeth Livingston	Don't worry, be happy (Meher Baba)	
Jonas Swartz	You can't learn while talking	In looking for a partner: find someone who can tolerate your faults and whose faults you can tolerate; that is the key to a happy marriage.

Kristen Spaduzzi	Learn to laugh at yourself	Hatred paralyzes life, love releases it; Hatred confuses life, love harmonizes it; Hatred darkens life, love illuminates it. <i>(MLK Jr)</i>
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