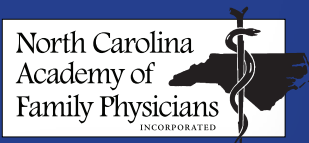




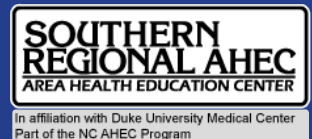
Held in Conjunction with the NCAFP 2012 Mid-Summer Family Medicine Digest - July 1-6, 2012

2012 SPORTS MEDICINE SYMPOSIUM

Saturday & Sunday



July 7-8, 2012



Embassy Suites Hotel at Kingston Plantation, Myrtle Beach, SC

Jointly sponsored by the North Carolina Academy of Family Physicians and the Southern Regional Area Health Education Center in collaboration with the NC Medical Society Sports Medicine Committee

2012 SPORTS MEDICINE SYMPOSIUM



July 7-8, 2012

Embassy Suites Hotel at Kingston Plantation, Myrtle Beach, SC

Activity Description - The purpose of the Symposium is to provide continued education for individuals in the field of Sports Medicine to include Physicians, Physician Assistants, Physical Therapists and Athletic Trainers. Upon completion of the Symposium, attendees will be well versed in the diagnosis and treatment of multiple sports-related issues including a focus on tendinopathy, heat and critical issues management, complicated concussions, diagnosis and management of metatarsal fractures, rotator cuff management and pediatric anterior knee pain. Emphasis will be placed on newer diagnostic techniques and new treatment options for the Symposium topics including concussion evaluation and return to play form, MSK of common tendons and mastering examination skills for shoulders, hips, knees and ankles.

Objectives - At the conclusion of this educational activity, participants should be able to: Analyze and report on the elements of the Concussion Release for Return to Play forms; Recognize signs of complicated concussions; Comprehend the complexity of tendon injury; Identify eccentric exercise to treat tendinopathy; and Discuss the ultrasound that can be used to diagnose tendon tears.

Credit - The Southern Regional AHEC designates this live activity for a maximum of 8 AMA PRA Category 1 Credits(tm). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation - This activity has been planned and implemented in accordance with the Essentials and Standards of the North Carolina Academy of Family Physicians through the joint sponsorship of Southern Regional AHEC and the North Carolina Academy of Family Physicians. The Southern Regional AHEC is accredited by the NCMS to provide continuing education for physicians.

Disclosure - Southern Regional AHEC adheres to ACCME Essential Areas and policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental use of drugs or devices are incorporated in their presentations.



Complete details at www.ncafp.com/symposium

Tentative Schedule of Events

Friday, July 6, 2012

- 3:00 – 5:00 PM Committee Meeting
 - 4:00 – 6:00 PM Registration
 - 6:00 – 7:00 PM Reception
- Optional Workshops may be open on Friday afternoon that are part of NCAFP meeting schedule*

Saturday, July 7, 2012

- 7:00 – 12:30 PM Registration
- 7:00 – 8:00 AM Continental Breakfast/ Exhibits
- 7:55 – 8:00 AM Welcome & Announcements
Bert Fields, MD
- 8:00 – 8:25 AM Patellar Tendon: Traditional Diagnosis, Evaluation and Treatment
Heath Thornton, MD
- 8:25 – 8:45 AM MSK US Diagnosis of Patellar Tendon Injury
Bert Fields, MD
- 8:45 – 9:05 AM Surgical Approach to Patellar Tendon Injury
John Hubbard, MD
- 9:05 – 9:35 AM Knee Surgery in Pediatric Athletes: When and What
Jeff Spang, MD UNC
- 9:35 – 10:05 AM Break/Exhibits
- 10:05 – 10:25 AM Achilles Tendinopathy: Traditional Diagnosis, Epidemiology, Evaluation, Treatment
Mike Shea, MD
- 10:25 – 10:45 AM MSK US Cases of Achilles Injury
Bert Fields, MD
- 10:45 – 11:30 AM Surgery Approach in Tendinopathies about the Ankle
John Hubbard, MD
- 11:30 – 12:30 PM Pardon the Sports Medicine Interruption
Kevin Burroughs, MD

Sunday July 8, 2012

- 6:30 – 7:00 AM Beach Run
Bert Fields, MD
- 7:00 – 8:00 AM Continental Breakfast
- 7:00 – 10:00 AM Registration
- 8:00 – 8:30 AM Heat/ Critical Issues in Management
Ken Barnes, MD
- 8:30 – 9:00 AM Complicated Concussion
Jim Blount, MD
- 9:00 – 9:30 AM Use of US in Diagnosis and Management of Metatarsal Fractures: Technology and Cost Saving
Justin Lee, MD
- 9:30 – 10:00 AM Break/ Exhibits
- 10:00 – 10:30 AM Rotator Cuff Partial and Complete Tears: Management
Ganesh Kamath, MD, UNC
- 10:30 – 11:00 AM Pediatric Anterior Knee Pain
Kevin Burroughs, MD
- 11:00 – 11:45 AM WORKSHOPS
Rotation 1
Concussion Evaluation and Return to Play Form
Jim Blount, MD
MSK US of Common Tendons – Elbow, Knee, Foot and Ankle
Kevin Burroughs, MD and Bert Fields, MD
Mastering Examination Skills for Shoulder, Hip, Knee and Ankle
Tim Taft, MD
- 11:45 – 12:30 PM Rotation 2
Participants choose a second workshop
- 12:30 PM Adjourn

Additional Credit - Other health professionals will receive Southern Regional AHEC CEU and a certificate of attendance from an AMA PRA Category 1(tm) activity. These certificates are accepted by the NC boards for physician assistants, nurse practitioners, nurses, physical therapists and athletic trainers. License requirements are subject to change. Southern Regional AHEC recommends that participants contact their licensing boards with specific questions. Southern Regional AHEC will provide 0.8 Continuing Education Units (8 contact hours) to participants upon completion of this activity.

AAFP Credit - Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Accommodations - A block of rooms has been reserved by the NCAFP at the Kingston Plantation and Embassy Suites. The cut-off date for reserving your rooms at the group rate is June 1, 2012. Please note, this does NOT GUARANTEE that rooms will be available up until this date. Please be sure to mention the North Carolina Academy of Family Physicians in order to receive the discounted room rate. Room rates in the Embassy Suites Hotel for Saturday, July 1 through Saturday July 7, 2012 are \$235 per night plus tax. There is also a variety of Condos and Villas available at the Kingston Plantation. Prices range from \$235 per night to \$429 per night depending on size and location preferences. Please call The Kingston Plantation resort at 800-Embassy or 800-876-0010 for more details and to make your reservations. The Kingston Plantation and Embassy Suites Resort is located at 9800 Queensway Boulevard, Myrtle Beach, SC 29572.

Americans with Disabilities Act - The North Carolina Academy of Family Physicians is fully committed to the principle of equal educa-

tional opportunities for all individuals and does not discriminate on the basis of any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this conference, please call Kathryn Atkinson at 919-833-2110 or (800) 872-9482 (NC Only) no later than ten business days before the date of the activity.

Attire - Dress for the meeting and Friday reception is business casual.

Registration - The early-bird registration fee for the Sports Medicine Symposium is \$175 for NCMS/NCAFP/AAFP member physicians, \$250 for non-member physicians, \$50 for residents, \$25 for medical students, and \$100 for athletic trainers and other allied health professionals. Friday evening's Welcome Reception, Saturday and Sunday mornings' breakfasts and breaks are included in the registration fee. Please complete the attached Meeting Registration Form and return it to the NCAFP with your check or credit card information as indicated. Early-bird rates end June 1, 2012.

Registration Cancellation - Please note that refunds of registration fees will not be made after June 1, 2012. Refunds, less \$25, will be made for cancellations received prior to that date.

Questions - If you have questions, contact Marietta Ellis, Director of CME or Kathryn Atkinson, Manager Meetings & Events for the NCAFP at 919-833-2110 or (800) 872-9482 (NC Only) via e-mail at Mellis@ncafp.com or Katkinson@ncafp.com.



North Carolina Academy of Family Physicians
PO Box 10278 • Raleigh, NC 27605
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